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## PREPARING FOR CAMP

### FAMILY ADVENTURE DAYS

We're so excited to welcome you to our seasonal Family Adventure Days at Gamehaven Scout Camp! Here is some information you should know before arriving:

### PACKING LIST:

#### DAY PROGRAM:

- Comfortable outdoor clothes
- $\bigcirc$  Closed-toed shoes
- O Day pack or bag
- ◯ Water bottle
- ⊖ Snack
- ◯ Sunscreen
- ⊖ Hat
- First-aid kit
- $\bigcirc$  Money for Trading Post (Optional)
- Sunglasses (Optional)
- O Bug Spray (Recommended)
- Swimsuit (Summer only)
- O Towel (Summer only)
- Cub Scout Book (Optional)
- Health Forms (see below)

## HEALTH AND SAFETY FAQ

#### WHO NEEDS HEALTH FORMS?

- Youth (ages 17 and under) attending the event
- Adults (ages 18 and over) who are either A) spending a night at camp, or B) participating in shooting sports or aquatics activities

#### WHAT HEALTH FORMS ARE NEEDED?

- You can either bring the BSA Annual Health and Medical Record ("AHMR") parts A and B. This will be returned to you at the end of the event.
- OR you can sign and bring a Gamehaven Scout Camp Waiver. This will be kept on file.

#### I COMPLETED HEALTH INFORMATION ONLINE. DO I STILL NEED A HEALTH FORM?

• Yes. Online information is to help us plan (i.e. food allergies, etc.), while on-hand paperwork is kept to be used in the event of an emergency.

#### **OVERNIGHT PROGRAM:**

In addition to the day program items:

- Change of clothes
- Sweatshirt
- O Pajamas
- Sleeping bag or blanket set
- Ö Pillow
- Medications (see below)

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#### HOW ARE MEDICATIONS HANDLED?

Adult guardians are expected to be responsible for keeping and administering medications. If a
medication needs refrigeration or special storage, we can accommodate that given notice prior to the
event beginning.

#### CAN I TENT IF I NEED A CPAP MACHINE (or other medical electrical need)?

• Yes! You can ask to be tented in our Staff City campsite, which features numerous outlets. Please give us prior notice if this will be needed.

### **Regular Schedule**

YOUR EVENT MAY DIFFER. Please check your registration to see if start or end times are different.

- SATURDAY -	
9:00 - 9:30 AM	Registration
9:45 AM	Opening Assembly
10:00 AM	Activities
12:00 PM	Break, Lunch, Crafts and Trading Post
1:00 PM	Activities resume
4:30 PM	Activities end
4:45 PM	Closing Assembly, Day Program participants
	depart
5:30 PM	Supper (Overnight participants only)
6:30 PM	Evening Activities (Overnight participants only)
9:00 PM	Quiet Time
10:00 PM	Lights Out
- SUNDAY -	
8:00 AM	Breakfast (Overnight participants only)
9:00 AM	Pack up sites, check out

### Camp Contacts:

Gamehaven Scout Camp

5015 Simpson Rd. SE, Rochester MN 55904

#### Camp Director | Brady Geary

(507) 361-5345 (Weekday) | (651) 341-0007 (Weekend) | brady.geary@scouting.org

#### Camp Caretaker | John Destazio

(507) 261-8307 | john.destazio@scouting.org

#### **Council Service Center**

(507) 287-1410 (Weekday) | 607 E Center St., Rochester MN 55904